

Name:

Date: Location:

Greater Western Sydney Region - Rock-Related Activities

Scout Proficiency Badge Course

Top-Rope Climbing

The requirements to complete the Top-Rope Climbing Badge are as follows.

A DEMONSTRATE

Prior to climbing, demonstrate knowledge of the following precautions:-

1. Approaching cliffs.
2. Safe distance to cliff edge.
3. The need to restrain loose hair and clothing.
4. Knowledge of standard communication conventions used in Top-Rope Climbing.

Passed:

B. SKILL

Demonstrate knowledge of the following:

1. Tape knot.
2. Figure 8 on the bight (double figure of 8).
3. Correct fitting of a harness.
4. Clipping on to the climbing rope.
5. Check the system and get a second person to check the system.
6. A mock climb on flat ground (or floor).
7. Suitable protective clothing for all seasons.
8. The importance of using appropriate equipment and ropes.
9. Basic rules for the use and care of equipment.
10. Belaying from the top.
11. Belaying from the bottom.

Passed:

C. ACTIVITY.

Undertake five top-roped climbs.

Name of climb:	Passed:
Name of climb:	Passed:
Name of climb:	Passed:
Name of climb:	Passed:
Name of climb:	Passed:
Name of climb:	Passed:

BADGE COMPLETED.

Signature of Instructor: