



The Bulletin

Newsletter of the Greater Western Sydney Region

Issue 462 - March 2018



Joey and Cub Fun Day on the Water 2018



GREATER WESTERN SYDNEY REGION OFFICE

6 Baden Powell Place, Winston Hills 2153

BUSINESS HOURS: TUESDAY, WEDNESDAY, THURSDAY & FRIDAY 9AM to 3.30PM

Phone: 9639 2488 **Email:** gws.region@nsw.scouts.com.au

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FROM THE DEPUTY REGION COMMISSIONER

First of all I would like to thank Neville Henderson for the opportunity once again to look after the region while he has been away caravanning - I believe Hervey Bay and out to Broken Hill this time.

I have had the privilege to attend a number of Queen's Scout presentations in the Region. I would like to congratulate the following Venturers in achieving their Queen's Scout:

Marni Collier and Aiden Bath

1st Kellyville Venturer Unit

Furqan Chowdhury

1st/2nd Blacktown Venturer Unit

David Elliot

1st Springwood Venturer Unit

As everyone has heard, there will be some changes in the age groups in the sections. There will be more information to come.

All groups should now be on Care Monkey. If you need more information please contact State Office as they have a designated person for this rollout. If you register by the end of this month you will have free online support and training. If you do not register before this time groups will need to pay for training themselves.

Congratulations to all the groups that were successful in Community Building Grants. I have been told that next round will open soon so start thinking about what your hall needs.

David Stopps
Deputy Region Commissioner
Acting Region Commissioner

Youth Helper Course

Saturday 26th May 2018

9am to 4pm

Bundilla Scout Camp

The Youth Helper Course is for all Venturers, Scouts and Youth Helpers over 14½ years, assisting in the Joey, Cub or Scout sections.

Cost: \$40.00

Lunch Morning and Afternoon Tea supplied

Registrations open now and close Friday May 11, 2018

Register on the region EMS now

FROM THE REGION COMMISSIONER

As most of you will know, I have been on leave of absence for the past 6 weeks and have enjoyed travelling to Hervey Bay in Queensland then across country to Broken Hill and the on to Silverton for the "Silverton Sunsets Music Festival".

I had the opportunity to meet some members of the 3rd Broken Hill Sea Scouts who were running a food stall at the music festival. It was good to have the chance to talk to them about the trials and tribulations of a truly country Scout group. By the way their donuts were excellent.

I met with the Chief Commissioner, Neville Tomkins, recently and advised him that I will be stepping down as Region Commissioner on 1st August 2018. I have been in the current role since 2009 and feel that after almost 9 years it is time to hand over to someone younger who can take the Region into the next decade.

In 2009 I agreed with the then Chief Commissioner that I would fill the position until such time as he could appoint someone else; that appointment never came, but I have enjoyed most of my time in the role. I am looking forward to even more time to travel with my wife in our caravan, after 34 years as a leader in Scouting.

Unfortunately for you I will still be around as an Honorary Commissioner looking after the Adult Recognition Awards and overseeing Region properties. I will also continue as the Chair of the NSW Insurance Committee and Deputy Chairman and Administration Director of Cumberland Gang Show.

Neville Tomkins will be advertising the Region Commissioner position shortly and we plan to announce the new incumbent at our ARP on 25th May 2018. If you are interested in submitting an application for the position please watch out for the notice from the Chief.

Thanks to all the members who have supported me during my time in the role and look forward to continued support in my new role.

Carry on Scouting!

Neville Henderson OAM JP
Region Commissioner

Email: rc@greaterwestscouts.com.au

ALAN OVERTON AM AWARD

Alan Overton AM was the Greater Western Sydney Region President from June 1994 until his retirement on February 19, 2016, due to ill health - a period of almost 22 years! He was also the NSW Branch Vice President from July 1999 until February 2016.

The Region Executive Committee decided to honor Alan by setting up an award in his name. The following conditions apply:

- This is a Region Award, not connected with the Adult Recognition Award.
- Leaders, Group Support Committee members and Supporters can be nominated by their peers.
- This is not a youth award and the person nominated should be over 18 years.
- The committee would expect that the person nominated would be someone who has given service to Scouting over and above what would normally be expected.
- Nominations should be with the Region Commissioner by 1st May each year.
- The committee will consist of the Region Commissioner, an Honorary Commissioner and a person invited by the Region Commissioner.
- The Awardee will be announced at the Region Annual Reporting Meeting each year and will have their name on a perpetual trophy and a replica award will be presented to them.

Please email nominations to me.

If you have any enquiries please contact me on rc@greaterwestscouts.com.au

Neville Henderson OAM JP
Region Commissioner

FREE TO ANY SCOUT GROUP

One box trailer 6 x 4

Painted white

20 years old, but very well maintained

6 months rego

Available from the Guildford area - must be prepared to collect from owner.

Please call Anne on 0414 819 884 if you are interested.

THE ADVENTURE BEGINS

You will hear this a lot from now on and it is the steps we need to take with our sections to get ready for the New Youth Program.

January 2019 is the Launch of the New Youth Program, and it will be a three year transition from the current Youth Program to the New; as this is all sections some Groups will change earlier than others and it will be an exciting period for all of our Youth members as they take control of the award scheme and develop into the young Leaders that Scouting is all about.

In our Region we have 4 Pioneer Groups, the first of these is 1st Carlingford, who will be starting to transition to the trial program soon, the others will follow shortly after. Their Job in the process is to get the New Youth Program and trial it and feedback what works and what needs some thought to improve, and what didn't work. During this period of time there are New Youth Program Mentors who will be supporting these Groups and assisting with the feedback process.

For all of the Groups in our Region, you will be receiving a pack of resources, ***The Adventure Begins*** - in it is the beginning of getting your Group/Section ready. ***There is a Check List that will give you a guide.***

There are 3 things you may already be doing that will be the success of your groups Transition:

- Section Councils
- Youth Leading, Adult Supporting activities
- Plan – Do – Review

If you are already having Section Councils then you have ticked one off the checklist; if your Youth are allowed to lead an activity with YOU supporting their choices - that's another tick; and if you are using the Plan – Do – Review model there is the third tick.

We are using the SPICES areas of personal growth as a reviewing tool rather than a programming tool; this will give you more flexibility in the activities you can choose to achieve the program objectives.

If you want to ask about the New Youth Program, don't ask the Pioneer Groups as they will need to keep their focus; ask the Mentors and the YPR team, they can give you more information. IT IS EXCITING, we will see NEW challenges, and more ideas for the program.

The main thing is that the CURRENT youth program is still active until 2023, we still have 99% of the Groups in this and we still support it until the Group is ready.

Tony Dent
Deputy Region Commissioner
New Youth Program Mentor

CUB SCOUT REPORT

We have had a great start to the new Scout year with many exciting activities being held for Cubs across the Region. We have had Cubs celebrating Founder's Day; participating in Clean Up Australia Day and taking part in a number of recent District swimming carnivals!

Joey & Cub Fun Day on the Water :

The Joey/Cub Fun Day on the water was held at Lake Parramatta on Saturday March 10. It was very pleasing to see so many Cubs participating in this wonderful event which was run by the Region Activities Team. The day started off threatening to rain, however that didn't last long. Over 350 Cubs and Joeys, Leaders, Parents and Scout Helpers, enjoyed a fantastic day on and out of the water. A great big 1-2-3 Woof to the Activities Team and to all their helpers.



Photos (front cover also) - courtesy of Tim Uidam

Cub Scout Leadership Course – Saturday March 24

Registrations for this course have now closed. Once again, the day is proving to be very popular with many online registrations. Thank you to the Region Seeonee team for their support in volunteering to run sessions at the course; for all the Leaders across the Region that have offered their assistance on the day and a great big thank you to Pinnaroo Scout Fellowship for agreeing to feed all the hungry Cubs and Leaders!

Some upcoming activities:

State Palaver – ‘Running with the Pack’



I am very pleased to announce that registrations for the 3rd NSW Palaver are now open! This year, the Palaver will be held at Camp Cottermouth, in the ACT from Friday 17th August to Sunday 19th August 2018 and it will be a joint Palaver with ACT Branch.

What is a Palaver? Who can go? What will we do? What is the cost? How do I register?

A Palaver is a fun filled weekend for all Cub Scout Leaders, Assistant Cub Scout Leaders and Youth Helpers working in the cub section, for the sharing of ideas and learning.

The training component of the weekend will cover the new and current program guidelines. There will also be a lot of catching up with old friends and making new friends. You are asked to bring along your sense of adventure, favourite camp song, fabulous Grey Wolf resources or a resource that you are proud of and want to share.

Saturday dinner dress code is jungle theme, onesie or jungle costume. The cost for the full weekend in Cabin style Accommodation is \$100.00.

I am currently looking into the additional cost of travel arrangements on a Region basis, either by mini bus or coach depending on our numbers. I strongly urge your attendance - please register now.

To find out more and to register, visit the Region event management system at <https://events.greaterwestscouts.com.au/event/138>

Basic Scouting Camp - Sat May 19 to Sun May 20

There is a fantastic opportunity for 10 ½ year old Cubs to participate in a 'Basic Scouting Camp' at Bundilla run by the Scout Youth Council. This camp is designed to assist older Cubs to prepare to move up to Scouts and can be a 'Try Scouts' activity as well as count towards their Link badge. **Registrations close on March 31, 2018.** Please encourage Cubs over 10½ to register at :

<https://events.greaterwestscouts.com.au/event/130>

Gabie Thompson (Darzee) RC Cub Scouts
Email: cubs@greaterwestscouts.com.au



Congratulations to the following Cubs who have achieved their Grey Wolf Award

Declan Bragg
1st Ermington

Kedar Chidambaram
1st Ermington

Laura Schmitt
1st Carlingford

Zoe Stephen
1st Carlingford

Jonah Wilson
1st Blackheath

Caeden Drake
1st Hazelbrook

1 - 2 - 3 - WOOF!

FROM THE SCOUT DEN

Registrations are open for the 'Introduction to Scouting' camp coming up in May and all 10½ year old cubs and new scouts are eligible to attend. The camp is aimed to help scouts gain their Scoutcraft badge and parts of the Pioneer Badge. It will be held at Bundilla and we will need the help of older scouts to run bases and be patrol leaders. The camp is a Scout Medallion Leadership activity and will be run by the Region Scout Youth Council with the help of Region Leaders. Cost is \$15 each and camping will be in troop format.

Get your registrations in for **AJ2019** now!!! This is an awesome event that everyone should experience if they can. There is help out there for the cost: Contact Wendy White or the Receptionist at NSW State Office to have one of these packs sent out to a particular family who may need some assistance with sending their Scout to AJ2019. The close off date for these funding assistance applications is **June 15, 2018**.

Don't forget **Scout Hike** on May 4 - 6. Registrations close on 2nd April so don't miss out of your early bird bonus points!!

As you all are aware the **41st Jamborette** is coming up. Yes it will be at Cataract again – it's the only place big enough for us now! This year the theme is '**Time to Fast Forward**'. Registrations will be open soon but the closing date has been moved forward to 12th May.

There will be no early bird registration. All 10½ year old cubs will be invited to camp for the whole weekend as a 'Try Scouting' event. So cubs need to keep an eye out for their invitations in the mail. Even with the age changes for Cubs and Scouts they can still go as 'Try Scouting'.

The **Australian Scout Medallion Presentation** was held on Sunday at Luna Park. Congratulations to Zaki Razi (1st Carlingford), Lachlan Diego (2nd Castle Hill), Kai Hansen (1st South Penrith), Lachlan Murray (2nd Castle Hill) and Elizabeth Jenkinson (1st Grose Vale). BRAVO!!!

I still have some of the **power banks** left from last year. If anyone would like some please let me know. \$10 each.

Remember to keep an eye on **PatrolTent** – things are changing all the time! ****NEWS**** Patrol Tent have updated the format to the ASM applications. Please check these out ASAP!!!

Tracey Stopps (Wiangi) RC Scouts

Email: scouts@greaterwestscouts.com.au



Tracey Stopps RC Scouts and the four proud Australian Scout Medallion recipients (L - R)

Kai Hansen, Zaki Razi, Elizabeth Jenkinson and Lachlan Murray

BRAVO

VENTURER REPORT

No new Queen's Scout Awards last month but we await confirmation of at least two that have been submitted. In the meantime, fourteen of our Venturers attended the Queen's Scout Award ceremony at Government House last month. Congratulations to the awardees, their families and their Units. For the Scout year 1 April to 31 March, we have 21 awards confirmed. Great effort everyone!



Queen's Scout Award presentation at 1st Sth Penrith.

Term has restarted and I am pleased to see good things happening with programming and award scheme progress. We started term with a huge turnout at Region Venturer Council in week 2. In spite of the cancellation of Roventure, the youth reaffirmed the social camp at Scout Camp Kariong should proceed. I was delighted to see the high proportion of Units who decided to walk in from Wondabyne on one of the hottest days of the season.



Glossodia Venturers cooling off after hiking into Region Camp at Kariong.

We also announced the theme for this year's **Waratah**, which is *Harry Pottah and the League of Shadows*, to be held at Ingleside Scout Camp. Planning this year's event has already started, which will include a number of Venturers who will have turned 18 before this year's Waratah.

We elected **Lauren Barnett and Connor Kennedy** to represent the Region's Venturers at the Commissioner's Conference. The Venturer section meeting discussed the appointment of a youth assistant to the State Commissioner (Venturer Scouts), planning for Vertigo 2019, new Youth Program Review (YPR) documentation for Venturers, communication strategies, Scout communications, and the young leader development program.

Two of our Venturer Units will be on the YPR Pioneer Program - 1st Carlingford and 2nd Baulkham Hills. I look forward to working with those Units towards a successful program

We have had the first Unit Management Course this year, with 19 attendees including youth from Sydney North and South Coast Regions. Other courses are filling fast. The Initiative course looks like it will fill well before time.

March marks my first twelve months as Region Commissioner (Venturer Scouts) at Greater Western Sydney, and my what a roller coaster ride it has been. I want to thank all youth and leaders at GWS for all their support and friendship over the last year. Here's to another successful year for Venturers in Greater Western Sydney Region.

Brian Nelson RC Venturer Scouts

Email: venturers@greaterwestscouts.com.au

GREATER WESTERN SYDNEY JOEY & CUB FUN DAY ON THE WATER

At 6.30am on Saturday 10th March, with only a solitary Kookaburra cackling to the neighborhood announcing our arrival and the garbage bin man up and about for company, the GWS Water Activities team converged at the gates of Lake Parramatta with 41 canoes and kayaks under tow, ready to go forth and provide maximum fun to the 380 Joeys, Cubs, Leaders and Parents registered for the GWS Fun Day on the Water!

By 7.30am, the lawns and lakeside were teeming with Joeys and Cubs eager to start the fun. The children had a mission to complete - 3 water and 3 land bases within the 7 hour time limit. The land bases were actually wetter than the water bases, but that secret was left for the Joeys and Cubs to work out for themselves!



APPOINTMENTS LIST

APPOINTMENTS

COOPER, Daniel

From T/L (S) 1st Carlingford Scout Troop
Bartoo
To ASL 1st Carlingford Scout Troop
Bartoo

COOPER, Emanuela

From T/L (S) 1st Carlingford Scout Troop
Bartoo
To ASL 1st Carlingford Scout Troop
Bartoo

FAVOTTO, Lucio

From T/L (S) 1st Oakville Scout Troop
To ASL 1st Oakville Scout Troop

HUGHES, Kimberlee

From T/L (CS) 1st Carlingford Cub Pack *Alleena*
To ACSL 1st Carlingford Cub Pack *Alleena*

KAHN, Laura

From T/L 1st Riverstone Cub Pack
To ACSL 1st Riverstone Cub Pack

KENNEDY, Emma

From T/L (S) 1st Blackheath Scout Troop
To SL-P 1st Blackheath Scout Troop

KENT, Anthony

From T/L (S) 1st Hawkesbury Scout Troop
To ASL 1st Hawkesbury Scout Troop

LOFTHOUSE, Lisa

From JSL-P 1st/2nd Blacktown Joey Scout
Mob
To JSL-P 1st Burwood Scout Group

ROCHE, David

Region Advisor GWSR

SMITH, Ross

From ASL 2nd Castle Hill Scout Troop
To RL (Act) Greater Western Sydney Region

RESIGNATIONS

CONNOR, Glenn SL 1st/2nd Blacktown Scout Troop

FITZSIMMONS, Guy ACSL 1st Castle Hill Cub Pack
LACHARITE-MORGAN, Nadia CSL 1st Kings Langley
Cub Pack

ROSE, Derek ACSL 1st/2nd Merrylands (St Anne's)
Cub Pack

WADE, William ASL 1st/2nd Blacktown Scout Troop

ELLCOTT, Brian T/L (CS) 1st Hazelbrook Cub Pack
HARTMANN, Kurt ASL 1st Blackheath Scout Troop

To address the issues of the previous two years trying to load and unload boats from a small pontoon used in conjunction with a commercial operator, the water team developed a great system on the bank of the lake to get cubs and joeys with parents on and off the water efficiently and safely and to reduce the waiting time to maximise the fun experience.

With a single point for entry and an exit point some 50 meters along the bank, no one had much of a wait and the water time was maximised by the lack of clutter loading and unloading. Leaders were cooperative and assisted, where possible, to keep the process moving.

The 5 land bases were split into Joey and Cub bases. For the first time at the event, there were two bases designed with age appropriate activities for Joeys. We found this was well received by Joeys who got right into the thick of their activities!

The Cubs who frequented the Scout run base called 'Parts of the Canoe and the Weather Game' seemed to get a big surprise when the storm blew in, in the Weather game! Many Leaders and parents thoroughly enjoyed their participation in that game, stating it was a great opportunity to engage with the children!

Also well received were the buddy system games and team building games, which of course, involved "sharing the wet" by passing water amongst the teams in a most novel way. Cubs loaded their canoes for a journey. For each item they chose to take, they were allocated pebbles (less for good choices and many for bad choices), which at the end of the loading period, they had to strategically disperse in their plastic boats (floating in their bucket "lake").

To prevent the boat from sinking, Cubs soon picked up that it was not advantageous to take items like a large Esky, a large tent, a BBQ and a stretcher on an overnight canoe hike. Needless to say, we saw many Titanic moments....

Thanks must go to all the youth members and leaders running and manning the bases and the leaders and parents accompanying the Joeys and Cubs.

Feedback was requested and received from all leaders and parents participating and we have taken these comments on what worked well and what could have been better to review and improve this fabulous event and make it even better in 2019.

**Tracey Hansford DC Parramatta
GWS Water Activities Team**



GWS REGION ACTIVITIES

Certainly back into the swing of things for 2018 on the Region Activities Team.

Our Yabbies, led by Ross Smith, spent an enjoyable time out on the Wollangambe with another one of their famed canyoning trips.

Our water activities team were also out doing what they do best, with a canoe workshop lead by Ben Gross. Unfortunately, we had to postpone the second day being the "trip component" after someone tried to break into Ben's car. Hoping to reschedule it in a couple of weeks' time.

I did spend a very enjoyable day with Stuart Cowen and the team up at Bowen Mountain for a bit of abseiling. Great day, however it did get a trifle warm (36C) in the early afternoon.

The second day was at Yellow Rock, with all good at the start, before the rains came in.



Photo Mark Fell

Had a very interesting day at State Council with all my counterparts from around the State. Always a great opportunity to compare notes and share ideas on what the others are doing on the activities front. Yes, there are lots of new changes coming in the way we do things right across scouting, which hopefully we can all embrace. On the activity side of things, not a lot of change. We will still hold a paddle the same way, caving is still underground, and an abseil set up will not be any different.

On the Sunday of the conference, instead of heading back to Pennant Hills, I spent a great day out at

Narrabeen Lakes doing a Swift Water Rescue Workshop, along with River Crossings, as used in hiking. A great day of fun and learning was had by all. ...although some of the locals were slightly amused watching this strange group of people with PFD's on; all holding hands, and doing this funny sort of stomp dance, in knee deep water. It does have it serious side, but it was all in good fun.



...must be a really heavy stick..!

Photo Mark Fell

There has been a bit of confusion in regard to when our own Region Climbing Wall will be operational. As with any piece of equipment like this, there are a number of Certificates of Compliance which need to be completed before we can start using the wall. We will certainly make it known when these have been all ticked off, and we are up and running. In the meantime, we will be relying on the State Wall, which can be booked through the Region Office.

Gang Show held a recent workshop at Bundilla in readiness for our 49th season.



A far as theatre entertainment goes, Gang Show is as good as it gets without going professional. It is a wonderful 2+hours of some really great fun and entertainment.

As part of the Workshop, a presentation was made for 2019, being our 50th Season. ***This is going to be huge!*** Over the next 12 to 18 months, you will see a significant amount of information and promotional material coming through to celebrate this wonderful achievement.

To help with booking Region Activities just about all our workshops are now being put through the Event Management System (EMS), painstakingly put together by Matt Thompson. To access it just go to <https://www.greaterwestscouts.com.au/activities/calendar> Scroll to the month, then click on the activity and all the information including E1 details will show up.

Remember most workshops do have limited numbers, so it is often first in best dressed. Of course, we can also arrange custom workshops for larger groups if required, depending on available instructors. You can contact myself directly in regard to this.

Time to head out with my PFD on, and practise my new "Stomp Dance!"

Mark Fell (DINGO) RC Activities

Stage Manager CGS

Email: activities@greaterwestcouts.com.au

CUMBERLAND GANG SHOW



Cumberland Gang Show is inviting everybody along to Feel the Beat. In a brand new show with lots of laughs and toe-tapping songs. This year we Feel the Beat in our local coffee shop and in Australia's Red Centre, and further afield in Paris and even on Mars. There will be toe-tapping songs and a belly full of laughs to take you out of this world.

Rehearsals started on 10th March and **tickets** will be available from the cast from **Monday 9th April**. Don't miss out. Start talking to your youth members about it now and plan a theatre party to enjoy it together. More information at www.gangshow.asn.au

Workshops – teams are available to run age-appropriate performing arts activities in section meetings. To make a booking please email workshops@gangshow.asn.au



Announcing the Family Support Fund

Scouts NSW has launched a Family Support Fund to give families from financially disadvantaged backgrounds a little extra support to enable their kids to participate in a local Scout program.

Grants are available to young people aged 6 to 18 years, and last for up to 12 months.

The Fund will assist with the cost of purchasing a Scout uniform, paying membership fees, or helping towards the cost of outdoor activities such as camping, bushwalking or rock climbing. The Fund is also available to Rovers and trainee Youth Leaders who are not yet financially independent and in genuine need of financial assistance.

Scouts NSW was incredibly proud to be able to announce this initiative to all Scouting members on Founder's Day, giving more young people the chance to learn leadership and team building skills, and build their personal confidence and resilience.

If you'd like to find out more about the Family Support Fund, and find out how to help someone apply, go to www.scouts.nsw.com.au/familysupportfund

The Family Support Fund is run wholly for the benefit of successful applicants. Every cent of the funds donated is distributed to families (apart from any corpus that might be established).

If you'd like to make a donation to the fund, please contact State Office. Donations through Scouts NSW of \$2 and over are tax-deductible.



BUSHWALKING

Royal National Park

It is estimated 2200 hectares, equivalent to 15% of the national park was burnt during the January bushfires along Sir Bertram Stevens Drive and easterly through to the coast between Garie and Wattamolla. In February, a further 4 hectares was burnt in a separate incident on the Hacking River firetrail near Helensburgh tip.

Some areas of the park are closed due to the bushfire. Currently, The Coast track (from Wattamolla to Garie), Curra Moors loop track, Wallumarra trail, Palona Cave track, Karani Ridge trail and Wises trail. If you plan to visit the park, it is advised to contact the NPWS Royal National Park Visitor Centre on (02) 9542 0648.

NPWS is upgrading the track to Wattamolla Beach and Lagoon. The works are part of a broader upgrade of the Royal Coast track from Bundeena to Garie Beach. The track upgrade will be undertaken between September 2017 and May 2018. Understandably this timeframe may be extended for replacement of damaged infrastructure and bush regeneration. **Scout groups are encouraged to consider alternative national parks for the duration of 2018.**

Mittagong

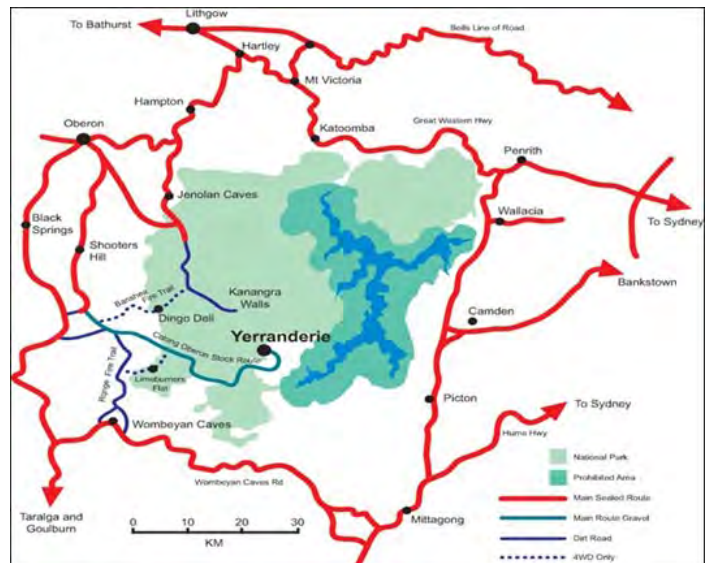
Thank you to Frank for presenting a training session at Bundilla on Friday 16th February featuring the Katoomba to Mittagong route. Over the past few years we have taken on some longer walks in the Blue Mountains and Kanangra Boyd. We traditionally offer a trip in the January holidays dependent on a suitable window of weather. **While we don't accept bookings for these trips, youth and adult members can place an expression of interest.** We are considering dates.

Currently we have left out April and October school holidays as they don't necessarily align with university mid semester. These longer walks may seem daunting however in reality they are just an extension and repetition of the overnight hike format. Starting off with an increased pack weight and settling into eating and toileting routine tends to be the hardest part. It is useful to build up endurance before the trip.

Proposed dates Katoomba to Mittagong 2019
(Option 1) January school holidays Friday 18th January to Friday 25th January. Eight days without a rest day. AJ2019 Return Tuesday 15th January.

(Option 2) July school holidays Monday 8th July to Tuesday 16th July. Eight days plus a rest day at Yerranderie. Option for those attending WSJ to participate in four days to Yerranderie arrive evening of Thursday 11th July. We are going to try and arrange food drop to be Yerranderie. This means we carry four days of food at a time.

Map courtesy of Lithgow and Oberon Tourism
www.oberonaustralia.com.au



Tristan Flores - GWSR Leader Bushwalking

Email: bushwalking@greaterwestscouts.com.au

FIRST AID COURSE

Sunday May 6, 2018

8:30 - 3.30pm

2nd Baulkham Hills Scout Hall

25 Jasper Road

Baulkham Hills

This is a one day intensive Course, HLTAID003 Provide First Aid, equivalent to Senior First Aid. Suitable for Work Cover, Venturers First Aid, Scout Blue & Green First Aid and pre-requisite for Remote First Aid.

Cost: Scouts & Guides \$55

Non-Scouts and Guides \$75

Register on the EMS now

Applications close 20th April 2018

Sth Coast and Tablelands (SCT) Region is proud to offer you training sessions in Mental Health First Aid. This course is aimed at Leaders who support youth members. Mental Health First Aid is given until appropriate professional help received or the crisis is resolved.



SCT have leaders trained to run courses for MH First Aid and participants will receive external qualifications. We aim to run courses monthly throughout the region, ensuring all adults have the opportunity of attending. (Note: Course may raise personal issues).

Course Content: The course teaches adults how to assist adolescents who are developing any of the following mental health problems, experiencing a worsening of an existing mental health problem or in a mental health crisis:

- Developing mental health problems
- Depression
- Anxiety problems
- Eating disorders
- Psychosis
- Substance use problems
- Mental health crises
- Suicidal thoughts and behaviours
- Non-suicidal self-injury
- Panic attacks
- Traumatic events
- Severe psychotic states
- Severe effects from alcohol or other drug use
- Aggressive behaviours.

Next course: April 28 and 29 - Wollongong area

Time: 9am - 5pm

Lunch, Morning and Afternoon Tea provided.

Cost SCT members: \$140, Non SCT members: \$150

Non Scout Members: \$250

Please note that the course fees are correct at the time of printing but subject to change. The location of the course will be emailed with confirmation of enrolment.

Registration: To register (include name, contact details and date of course you wish to attend) and email SCT Region Office via info@sctscouts.org.au or email Trainer Paul Hamer paulanthonyhamer@hotmail.com

If you have any questions, please email info@sctscouts.org.au with the subject Mental Health or SCT Region Office sct.region@nsw.scouts.com.au

Kerrie Latham
Region Office Manager



2018 Clean Up Australia Day Badge

Did you or youth members participate in Clean Up Australia Day on March 4?

This year a special blanket badge has been produced for those who participated. (\$2 each)



2018 Harmony Day Badge

Harmony Day on March 21, celebrates Australia's cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone. It is a day for all Australians to embrace cultural diversity and to share what we have in common. (\$1.80 each)



2018 Anzac Day Scout Badge

Woven badge, die cut and overlapped, approx. 75mm. This badge is a swap or blanket badge and may not be worn on the uniform. (\$2.50 each)

Pre order now for delivery from March 23 All orders containing this badge will be sent as a whole order, if you require part shipment before March 23, please contact us on (03) 9333 7100.



*CHECK OUT THE FULL RANGE OF NEW SWAP BADGES [HERE](#)

THE BULLETIN

The Bulletin is edited and published for the general information of members in the Greater Western Sydney Region.

The opinions expressed are those of the authors and do not necessarily reflect the views of the GWSR or Scouts Australia.

Submissions are to be made by the last day of the month preceding publication and may be edited for clarity or to fit available print space.

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**Please send all articles and photos direct to the
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